

2020 Bitterroot Ranch Heidi Potter Retreat Schedule Centered Riding & Holistic Horsemanship



Monday-July 20

- 9:00-10:00 Lodge-Introductions & Awareness Workshop
- 10:15-12:00 Herd Observations-Barn
- 2:15-2:45 Deck-Centered Riding Basics-Breathing & Balance Workshop
- 3:00-5:00 Horse Barn/Paddock to Arena-Mounted Lesson
- 6:30 Lodge-Appetizers & Wine followed by 7pm Dinner

Tuesday- July 21

- 9:00-10:00 Lodge/Horse Barn-Horse Speak First Conversations Workshop
- 10:15-12:00 Deck-Centered Riding Workshop
- 2:15-2:45 Barn-Developing Feel Workshop
- 3:00-5:00 Horse Barn/Paddock to Arena-Mounted Lessons in and out of Arena
- 6:30 Lodge-Appetizers & Wine followed by 7pm Dinner
- 7:15 "Conversations over Dinner" session w/Horses in Night Pasture (Optional)

Wednesday-July 22

- 9:00-10:00 Lodge-Getting Connected Workshop
- 10:15-12:00 Horse Barn/Paddock to Round Pen-Groundwork Session w/Horses
- 2:45-4:15 Horse Barn/Paddock-Trail rides conducted by Bitterroot Ranch (Optional)
- 4:30-5:30 Yurt-Yoga (Optional)
- 6:30 Lodge-Appetizers & Wine followed by 7pm Dinner

Thursday-July 23

- 8:30-9:00 Lodge-Check In
- 9:15-10:15 Nursery Pasture-Horse Speak w/Mommas & Babies
- 10:30-12:30 Problem Solving Undesirable Behaviors Workshop-Horse Barn
- 2:45-4:45 Horse Barn/Paddock-Mounted Lesson
- 6:30 Lodge-Appetizers & Wine followed by 7pm Dinner
- 7:15 "Conversations over Dinner" session w/Horses in Night Pasture (Optional)

Friday-July 24

- 9:00-10:00 Lodge-Rider Exercises & Review
- 10:15-11:45 Horse Barn-Arena-Mounted Lesson/Games
- 2:45-4:45 Team Cattle sorting conducted by Bitterroot Ranch (Optional)
- 6:30 Dinner
- 7:00 Leave for Rodeo in Town-Begins @ 7:30 (Optional)

Saturday-July 25

- 8:45-9:15 Lodge-Wrap up session
- 9:30-TBD Trail rides conducted by Bitterroot Ranch-Half Day (Optional)
- Post Ride Shopping in Town, Relaxation & Pack Up Time
- 4:30-5:30 Yurt-Yoga (Optional)
- 6:30 Lodge-Appetizers & Wine followed by 7pm Dinner

Breakfast 7:30-9:00am/Lunch 12:30-1:30pm

Schedule subject to change☺